Eating Christmas in the Kalahari

Richard Borshay Lee

The !Kung Bushmen’s knowledge of Christmas is thirdhand. The London Missionary Society brought the holiday to the southern Tswana tribes in the early nineteenth century. Later, native catechists spread the idea far and wide among the Bantu-speaking pastoralists, even in the remotest corners of the Kalahari Desert. The Bushmen’s idea of the Christmas story, stripped to its essentials, is “praise the birth of white man’s god-chiefs”; what keeps their interest in the holiday high is the Tswana-Herero custom of slaughtering an ox for his Bushmen neighbors as an annual goodwill gesture. Since the 1930’s, part of the Bushmen’s annual round of activities has included a December congregation at the cattle posts for trading, marriage brokering, and several days of trance-dance feasting at which the local Tswana headman is host.

As a social anthropologist working with !Kung Bushmen, I found that the Christmas ox custom suited my purposes. I had come to the Kalahari to study the hunting and gathering subsistence economy of the !Kung, and to accomplish this it was essential not to provide them with food, share my own food, or interfere in any way with their food-gathering activities. While liberal handouts of tobacco and medical supplies were appreciated, they were scarcely adequate to erase the glaring disparity in wealth between the anthropologist, who maintained a two-month inventory of canned goods, and the Bushmen, who rarely had a day’s supply of food on hand. My approach, while paying off in terms of data, left me open to frequent accusations of stinginess and hard-heartedness. By their lights, I was a miser.

The Christmas ox was to be my way of saying thank you for the cooperation of the past year; and since it was to be our last Christmas in the field, I determined to slaughter the largest, meatiest ox that money could buy, insuring that the feast and trance-dance would be a success.

Through December I kept my eyes open at the wells as the cattle were brought down for watering. Several animals were offered, but none had quite the grossness that I had in mind. Then, ten days before the holiday, a Herero friend led an ox of astonishing size and mass up to our camp. It was solid black, stood five feet high at the shoulder, had a five-foot span of horns, and must have weighed 1,200 pounds on the hoof. Food consumption calculations are my specialty, and I quickly figured that bones and viscera aside, there was enough meat—at least four pounds—for every man, woman, and child of the 150 Bushmen in the vicinity of /ai/ai who were expected at the feast.

Having found the right animal at last, I paid the Herero £20 ($56) and asked him to keep the beast with his herd until Christmas day. The next morning word spread among the people that the big solid black one was the ox chosen by /ontah (my Bushman name; it means, roughly, “whitey”) for the Christmas feast. That afternoon I received the first delegation. Ben’la, an outspoken sixty-year-old mother of five, came to the point slowly.

“Where were you planning to eat Christmas?”

“Right here at /ai/ai,” I replied.

“Alone or with others?”

“I expect to invite all the people to eat Christmas with me.”

“Eat what?”

“I have purchased Yehave’s black ox, and I am going to slaughter and cook it.”

“That’s what we were told at the well but refused to believe it until we heard it from yourself.”

“Well, it’s the black one,” I replied expansively, although wondering what she was driving at.

“Oh, no!” Ben’la groaned, turning to her group. “They were right.” Turning back to me she asked, “Do you expect us to eat that bag of bones?”

“Bag of bones! It’s the biggest ox at /ai/ai.”

“Big, yes, but old. And thin. Everybody knows there’s no meat on that old ox. What did you expect us to eat off it, the horns?”

Everybody chuckled at Ben’la’s one-liner as they walked away, but all I could manage was a weak grin.

That evening it was the turn of the young men. They came to sit at our evening fire. /gaugo, about my age, spoke to me man-to-man.

“/ontah, you have always been square with us,” he lied. “What has happened to change your heart? That sack of guts and bones of Yehave’s will hardly feed one
before I could ask him to give me his
doesn't mean that it has plenty of meat
dental chat. We left the camp and sat
down.
point of death."
"Look, you guys, I retorted, "that is
be a Beauty when it
was a beauty when it
now became the talk of the
news told to the
had feuded in the past.
I dispelled this unworthy thought when we approached the Herero
owner of the cow in question and found that he had decided not to sell.
The scrappy wreck of a Christmas ox
now became the talk of the
water hole and was the first news told to the
outlying groups as they began to come in
from the bush for the feast. What finally
convinced me that real trouble might be
brewing was the visit from
an old conservative with a reputation for
fierce
ness. His nickname meant spear and re-
ferred to an incident thirty years ago in
which he had speared a man to death. He
had an intense manner; fixing me with
his eyes, he said in clipped tones:

In the afternoon it was Tomazo's turn.
Tomazo is a fine hunter, a top trance per-
former... and one of my most reliable in-
formants. He approached the subject of
the Christmas cow as part of my continu-
uing Bushman education.

"My friend, the way it is with us
Bushman," he began, "is that we love
meat. And even more than that, we love
fat. When we hunt we always search for
the fat ones, the ones dripping with lay-
ers of white fat: fat that turns into a clear,
thick oil in the cooking pot, fills your stomach and
and gives you a roaring diarrhea," he rhapsodo-
dized.

"So, feeling as we do," he continued,
"it gives us pain to be served such a
scrappy thing as Yehave's black ox. It is
big, yes, and no doubt its giant bones are
good for soup, but fat is what we really
crave and so we will eat Christmas this
year with a heavy heart."
The prospect of a gloomy Christmas
now had me worried, so I asked Tomazo
what I could do about it.

"Look for a fat one, a young one... smaller, but fat. Fat enough to make us
/gom/ ('evacuate the bowels'), then we
will be happy."

My suspicions were aroused when
Tomazo said that he happened to know
of a young, fat, barren cow that the
owner was willing to part with. Was
Tomazo working on commission, I won-
dered? But I dispelled this unworthy thought when we approached the Herero
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"I have only just heard about the
black ox today, or else I would have
come here earlier. Lontah, do you hon-
estly think you can serve meat like that to
people and avoid a fight?" He paused,
letting the implications sink in. "I don't
mean fight you, lontah; you are a white
man. I mean a fight between Bushmen.
There are many fierce ones here, and
with such a small quantity of meat to dis-
tribute, how can you give everybody a
fair share? Someone is sure to accuse an-
other of taking too much or hogging all
the choice pieces. Then you will see
what happens when some go hungry
while others eat."
The possibility of at least a serious ar-
guement struck me as all too real. I had
witnessed the tension that surrounds the
distribution of meat from a kudu or
gemsbok kill, and had documented many
arguments that sprang up from a real or
imagined slight in meat distribution. The
owners of a kill may spend up to two
hours arranging and rearranging the piles
of meat under the gaze of a circle of re-
cipients before handing them out. And I
also knew that the Christmas feast at /ai/
ai would be bringing together groups that
had feuded in the past.

Convinced now of the gravity of the
situation, I went in earnest to search for a
second cow; but all my inquiries failed to
turn one up.
The Christmas feast was evidently
going to be a disaster, and the incessant
complaints about the meagerness of the
ox had already taken the fun out of it for
me. Moreover, I was getting bored with the
wisecracks, and after losing my temper a few times, I resolved to serve the
beast anyway. If the meat fell short, the
hell with it. In the Bushmen idiom, I an-
nounced to all who would listen:

"I am a poor man and blind. If I have
chosen one that is too old and too thin,
we will eat it anyway and see if there is
equal amount of meat there to quiet the rumbling
of our stomachs."

On hearing this speech, Benia offered
me a rare word of comfort. "It's thin,"
she said philosophically, "but the bones
will make a good soup."
At dawn Christmas morning, instinct
told me to turn over the butchering and
cooking to a friend and take off with
Nancy to spend Christmas alone in the
Article 4. Eating Christmas in the Kalahari

The great beast was driven up to our dancing ground, and a shot in the forehead dropped it in its tracks. Then, freshly cut branches were heaped around the fallen carcass to receive the meat. Ten men volunteered to help with the cutting. I asked /gau to make the breast bone cut. This cut, which begins the butchering process for most large game, offers easy access for removal of the viscera. But it also allows the hunter to spot-check the amount of fat on the animal. A fat game animal carries a white layer up to an inch thick on the chest, while in a thin one, the knife will quickly cut to bone. All eyes fixed on his hand as /gau, dwarfed by the great carcass, knelt to the breast. The first cut opened a pool of solid white in the black skin. The second and third cut widened and deepened the creamy white. Still no bone. It was pure fat; it must have been two inches thick.

"Hey /gau," I burst out, "that ox is loaded with fat. What's this about the ox being too thin to bother eating? Are you out of your mind?"

"Fat?" /gau shot back, "You call that fat? This wreck is thin, sick, dead!" And he broke out laughing. So did everyone else. They rolled on the ground, paralyzed with laughter. Everybody laughed except me; I was thinking.

I ran back to the tent and burst in just as Nancy was getting up. "Hey, the black ox. It's fat as hell! They were kidding about it being too thin to eat. It was a joke or something. A put-on. Everyone is really delighted with it! Anthropologists are incurable that way.

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"Some joke," my wife replied. "It was so funny that you were ready to pack up and leave a/a/ai."

If it had indeed been a joke, it had been an extraordinarily convincing one, and tinged, I thought, with more than a touch of malice as many jokes are. Nevertheless, that it was a joke lifted my spirits considerably, and I returned to the butchering site where the shape of the ox was rapidly disappearing under the axes and knives of the butchers. The atmosphere had become festive. Grinning broadly, their arms covered with blood well past the elbow, men packed chunks of meat into the big cast-iron cooking pots, fifty pounds to the load, and muttered and chuckled all the while about the thinness and worthlessness of the animal and Jontah’s poor judgment.

We danced and ate that ox two days and two nights; we cooked and distributed fourteen potsfuls of meat and no one went home hungry and no fights broke out.

But the "joke" stayed in my mind. I had a growing feeling that something important had happened in my relationship with the Bushmen and that the clue lay in the meaning of the joke. Several days later, when most of the people had dispersed back to the bush camps, I raised the question with Hakegose, a Tswana man who had grown up among the !Kung, married a !Kung girl, and who probably knew their culture better than any other non-Bushman.

"With us whites," I began, "Christmas is supposed to be the day of friendship and brotherly love. What I can't figure out is why the Bushmen went to such lengths to criticize and belittle the ox I had bought for the feast. The animal was perfectly good and their jokes and wisecracks practically ruined the holiday for me."

"So it really did bother you," said Hakegose. "Well, that's the way they always talk. When I take my rifle and go hunting with them, if they miss, they laugh at me for the rest of the day. But even if I hit and bring one down, it's no better. To them, the kill is always too small or too old or too thin; and as we sit down on the kill site to cook and eat the liver, they keep grumbling, even with their mouths full of meat. They say things like, 'Oh this is awful! What a worthless animal! Whatever made me think that this Tswana rascal could hunt!'

"Is this the way outsiders are treated?" I asked.

"No, it is their custom; they talk that way to each other too. Go and ask them. /gau had been one of the most enthusiastic in making me feel bad about the merit of the Christmas ox. I sought him out first.

"Why did you tell me the black ox was worthless, when you could see that it was loaded with fat and meat?"

"It is our way," he said smiling. "We always like to fool people about that. Say there is a Bushman who has been hunting. He must not come home and announce like a braggart, 'I have killed a big one in the bush!' He must first sit down in silence until I or someone else comes up to his fire and asks, 'What did you see today?' He replies quietly, 'Ah, I'm no good for hunting. I saw nothing at all [pause] just a little tiny one.' Then I smile to myself, /gau continued, "because I know he has killed something big."

"In the morning we make up a party of four or five people to cut up and carry the meat back to the camp. When we arrive at the kill we examine it and cry out, 'You mean to say you have dragged us all the way out here in order to make us cart home your pile of bones? Oh, if I had known it was this thin I wouldn't have come.' Another one pipes up, 'People, to think I gave up a nice day in the shade for this. At home we may be hungry but at least we have nice cool water to drink.' If the horns are big, someone says, 'Did you think that somehow you were going to boil down the horns for soup?'"

"To all this you must respond in kind. 'I agree,' you say, 'this one is not worth the effort; let's just cook the liver for strength and leave the rest for the hyenas. It is not too late to hunt today and even a duiker or a steenbok would be better than this mess."

"Then you set to work nevertheless; butcher the animal, carry the meat back to the camp and everyone eats," /gau concluded.

Things were beginning to make sense. Next, I went to Tomazo. He corroborated /gau's story of the obligatory insults over a kill and added a few details of his own.

"But," I asked, "why insult a man after he has gone to all that trouble to track and kill an animal and when he is going to share the meat with you so that your children will have something to eat?"

"Arrogance," was his cryptic answer. "Arrogance?"
“Yes, when a young man kills much meat he comes to think of himself as a chief or a big man, and he thinks of the rest of us as his servants or inferiors. We can’t accept this. We refuse one who boasts, for someday his pride will make him kill somebody. So we always speak of his meat as worthless. This way we cool his heart and make him gentle.”

“But why didn’t you tell me this before?” I asked Tomazo with some heat.

“Because you never asked me,” said Tomazo, echoing the refrain that has come to haunt every field ethnographer.

The pieces now fell into place. I had known for a long time that in situations of social conflict with Bushmen I held all the cards. I was the only source of tobacco in a thousand square miles, and I was not incapable of cutting an individual off for non-cooperation. Though my boycott never lasted longer than a few days, it was an indication of my strength. People resented my presence at the water hole, yet simultaneously dreaded my leaving. In short I was a perfect target for the charge of arrogance and for the Bushmen tactic of enforcing humility.

I had been taught an object lesson by the Bushmen; it had come from an unexpected corner and had hurt me in a vulnerable area. For the big black ox was to be the one totally generous, un stinting act of my year at /ai/ai, and I was quite unprepared for the reaction I received.

As I read it, their message was this: There are no totally generous acts. All “acts” have an element of calculation. One black ox slaughtered at Christmas does not wipe out a year of careful manipulation of gifts given to serve your own ends. After all, to kill an animal and share the meat with people is really no more than Bushmen do for each other every day and with far less fanfare.

In the end, I had to admire how the Bushmen had played out the farce—collectively straight-faced to the end. Curiously, the episode reminded me of the Good Soldier Schweik and his marvelous encounters with authority. Like Schweik, the Bushmen had retained a thorough-going skepticism of good intentions. Was it this independence of spirit, I wondered, that had kept them culturally viable in the face of generations of contact with more powerful societies, both black and white? The thought that the Bushmen were alive and well in the Kalahari was strangely comforting. Perhaps, armed with that independence and with their superb knowledge of their environment, they might yet survive the future.

Richard Borshay Lee is a full professor of anthropology at the University of Toronto. He has done extensive fieldwork in southern Africa, is coeditor of Man the Hunter (1968) and Kalahari Hunter-Gatherers (1976), and author of The !Kung San: Men, Women, and Work in a Foraging Society.